

In 2009 from 3 to 10 of June I was at the International Training of Trainers on Human Rights Education: The role of Youth in Human Rights education" as a participant. Training was organized by "Towards Innovation Youth" Fund and European Youth Foundation of the directorate of youth and sport of the council of Europe.



The overall Aims and objectives of TOT were:

- To review and address the essential competencies, skills and attitudes for trainers working with human rights education in non-formal learning settings.
- Increase the understanding of both the context and practice of HR among the young people.
- To understand how the promotion and protection of HR can be used as an effective tool to help prevent conflict, minimize the potential for mass violence.
- Build the skills, knowledge and confidence of youth to raise awareness, take action and work collaboratively on activities to promote and defend HR

Trainers of this project were - Gunel Jafarova from American Bar Association. Also we had guest speaker: DR. Erkin Qadirli.

Participants of the project were Youth leaders, Youth workers, Youth trainers, Project managers from youth NGOs, and Youth organizations from 15 countries (Lithuania, Ukraine, Italy, Moldova, Romania, Poland, Azerbaijan, Turkey, Belgium, The Netherlands, Serbia, Bosnia & Herzegovina, Albania and Georgia.)



My description of International TOT on Human rights education is that, it was really well-organized, full of information about HRs, equipped by new, effective, un-formal methods of learning matter, such as: Interaction methods; Task-orientated methods; Cooperation methods, Game-methods. Instructing methods; Reviewing methods etc.

So, I learnt a lot from this projects such as: Group Discussion and Presentations, how to make training more interesting for all participants and so on. I am sure the knowledge I have received from TOT will help me in making new project or making my role in writing new projects with others.